

**Returning Patient Information Form**

Before your follow-up appointment at the Headache Center, please print and complete this form ahead of time to bring with you to your appointment.

Your name: \_\_\_\_\_ Date: \_\_\_\_\_

Your primary care physician's name: \_\_\_\_\_

Do you have any new health issues since your last visit? Please describe:

\_\_\_\_\_

How many mild headache days do you have each month? \_\_\_\_\_

How many severe headache days do you have each month? \_\_\_\_\_

Do you have any new symptoms that come with your headache? Please list:

\_\_\_\_\_

Are you having trouble sleeping? If yes, how often? \_\_\_\_\_

Please describe your mood (ex: anxious, depressed, good): \_\_\_\_\_

How is your energy level (ex: good, variable, poor)? \_\_\_\_\_

Are you missing work because of your headaches? If yes, how often? \_\_\_\_\_

*Please list amounts of:*

Tobacco (cigarettes or other tobacco products used per day): \_\_\_\_\_

Alcohol (per week): \_\_\_\_\_

Caffeine (cups per day): \_\_\_\_\_

Exercise (hours per week/type): \_\_\_\_\_

List ALL of the medications you are taking now, including hormonal and over-the-counter medications: \_\_\_\_\_

\_\_\_\_\_

Are you having any issues or concerns with your current medications? Please describe:

\_\_\_\_\_

**What is the most important issue you would like to discuss at your visit?**

\_\_\_\_\_

*Thank you for choosing the Headache Center for your care. We look forward to continuing to work with you to meet your goals!*