

# SAVE THE DATE



THESE TRAININGS ARE MEANT TO BE A FOLLOW UP TO OUR TRIPLE INTERSECTION SERIES.

Our full Triple Intersection series can be found at our website. Click on each date below for registration info.

## ATTACHMENT WITH A TWIST

This workshop is based on attachment theory and will review the basic attachment cycles for children and their caregivers. There are multiple barriers that can impede “typical” attachment. The Window of Tolerance is a concept that can be applied to any attachment relationship and fosters co-regulation as an intervention. This workshop will provide examples of ways that the Window of Tolerance and attachment principles can improve the attachment relationship between parents and children when things like neurodivergence, gender diversity, sensory issues or other “differences” are present.

October 22, 2024 11 AM- 1 PM EST

Trainer: Kelly Smith, LICSW

## HELPING CAREGIVERS DEVELOP AFFIRMATIVE UNDERSTANDINGS OF THEIR LGBTQIA+ YOUTH

This workshop is for clinicians and other professionals who are working with caregivers of LGBTQIA+ youth. LGBTQIA+ youth face significant health disparities, but family support is the most critical protective factor that allows LGBTQIA+ youth to thrive. Caregivers can struggle to understand youth's journey immediately, and as mental health providers, our role is to help caregivers develop affirmative understandings and behaviors that can protect and uplift youth.

November 1, 2024 9- 11 AM EST

Trainers: Kelly Smith, LICSW and Harvey Feldman, LCMHC

## CREATIVE TRAUMA INFORMED CLINICAL INTERVENTIONS FOR WORKING WITH YOUTH WITH IDD

Youth with IDD are often overlooked when we are thinking about providing trauma-informed mental health services. Many of the modalities we often use (TF-CBT, CPP, EMDR) can be adapted for working with youth with IDD or Autism. This training will provide concrete tools for adapting your clinical work for youth with IDD and/or Autism.

December 10, 2024 10 AM- 12 PM EST

Trainer: Kelly Smith, LICSW

Email Becky Parton with any questions: [Rebecca.R.Parton@hitchcock.org](mailto:Rebecca.R.Parton@hitchcock.org)