

## **ECHO – Beyond Books: Libraries Supporting Community Health**

June 11<sup>th</sup> – July 23<sup>rd</sup>, 2024

### ***Resources to support community health***

The following resources, arranged by session topic, were provided by speakers, panelists and/or participants during this ECHO series. While most of these resources are based in NH, with some in VT or national, similar programs and services can likely be identified in other States so hopefully are relevant more broadly. These resources were provided during the time period of the ECHO and over time may become outdated.

#### **Cross-Cutting Resources and Information**

- [NH 211](#) or call 211, Comprehensive information and referral service for health and social service related needs
- [NH CarePath](#), Centralized access to diverse services for people of all ages, a service of NH DHHS
- [New Hampshire Department of Health and Human Services](#)
- <https://www.healthvermont.gov>
- [Writing Grant Applications](#), American Library Association

#### **Session 1 – Behavioral Health**

- [NH 211](#) or call 211, Treatment and referral for BH challenges
- [The NH Doorway](#) – Network of evaluation and referral centers across NH, State of NH
- [NH Rapid Response Access Point](#) or call 988 – Crisis intervention, State of NH
- [Vermont Mobile Crisis](#) or call 988 – Crisis intervention, State of VT
- [Peer Support Agencies](#) – New Hampshire Department of Health and Human Services (NHDHHS). Mental health-oriented peer supports.
- [Recovery Community Organizations](#) – NH DHHS, Substance use-oriented peer supports
- [Vermont Peer Services Organizations](#) – VT Department of Mental Health
- [Recovery Partners of Vermont](#) – Substance use-oriented peer and other supports
- [National Alliance of Mental Health](#) (NAMI) – Information & diverse supports for individuals and families
  - [NH State NAMI](#)
  - [VT State NAMI](#)
- [Howard Center](#) – Mental Health Resource Center in Chittenden County VT
- [Mental Health First Aid 8-hour Training](#) – University of New Hampshire
- [Mental Health First Aid Trainings](#) – National Council for Mental Wellbeing
- [Question, Persuade, Response: Suicide Risk Online Training](#) – QPR Institute
- [Substance Abuse and Mental Health Services Administration](#) – US Department of Health and Human Services

- [Mental Health Urgent Care Takes Root in Vermont](#). Fountain, F. (2023, October 20). VTDigger.

## Session 2 – Social Determinants of Health

- General and diverse supports
  - [NH Family Resource Centers](#) –NH DHHS
  - [Family Support New Hampshire](#) - Coalition of Family Resource Centers and Family Strengthening Programs
  - [NH 211](#) or call 211, Information on all social needs and services
  - [New Hampshire Free Legal Aid](#) – 603 Legal Aid
- Employment
  - [American Job Center](#), US Department of Labor, a resource for career exploration, training and jobs
  - [U.S. Rehabilitation Services Administration](#), oversight of State Voc Rehab Agencies
  - [NH Bureau of Vocational Rehabilitation](#), career assistance for people with disabilities
  - [Benefits Counseling](#), Granite State Independent Living (how work may effect Federal and State benefits)
  - [VT HireAbility](#), career assistance for people with different abilities
- Housing
  - [Shelter Services](#), DHHS
  - <https://www.affordablehousing.com/>
  - [NH Housing Finance Authority](#) housing search assistance
  - [Homeless De-Escalation Training](#) – Homeless Training, Empathy Studios
- Food and nutrition
  - [Supplemental Nutrition Assistance Program \(SNAP\) Guidelines](#) – NHDHHS
  - [National Food Assistance Programs](#) – United State Department of Agriculture (USDA)
  - [New Hampshire Food Distribution Centers \(Map\)](#) – New Hampshire Food Bank
  - [New Hampshire Food Insecurity Organization](#) – NH Food Solutions
  - [Vermont Food Insecurity Organization](#) – Hunger Free VT
  - [Prevalence of Poverty and Food Insecurity in NH](#) – New Hampshire Fiscal Policy Institute
- Transportation
  - [New Hampshire Mobility Network](#) – Keep NH Moving
  - NH CarePath [Transportation Services](#), DHHS
- Legal/financial
  - [603 Legal Aid](#), Legal services for low income people
  - [Income tax assistance](#), Granite United Way

## Session 3 – Child and Family Welfare

- [Family Resource Centers in NH](#) – NHDHHS

- [New Hampshire Division for Child, Youth, and Families](#) (NH DCYF)– NHDHHS
- [New Hampshire RSA 169: Child Protection Act](#) – General Court of New Hampshire
- [DCYF Policy Manual](#) – NHDHHS
- [New Hampshire Crisis Center Map](#) – NH Coalition Against Sexual and Domestic Violence

#### Session 4 – Supporting Older Adults in the Community

- [NH CarePath](#), NH DHHS
- [Aging Resource Center](#) – Dartmouth Hitchcock Medical Center (DHMC)
- [Care Giver Supports](#), US DHHS Administration for Community Living
- [Alzheimer’s Association](#), National site with links to local Chapters
- [Abuse of Older Persons](#), – CDC, Information and resources
- [Elder Abuse and Financial Exploitation Unit](#) – NHDHHS
- [2021 Adult Maltreatment Report](#) – US DHHS Administration for Community Living
- [Common Scams and Crimes](#) – Federal Bureau of Investigation
- [When Helping Hurts: Nonabusing Family, Friends, and Neighbors in the Lives of Elder Mistreatment Victims](#). Breckman, R., Burnes, D., Ross, S., Marshall, P. C., Sutor, J. J., Lachs, M. S., & Pillemer, K. (2018). *The Gerontologist*, 58(4), 719–723.

#### Session 5 – Telehealth and other online services

- [Library Privacy Guidelines for Public Access Computers and Networks](#) – American Library Association
- [NH Digital Literacy Resources](#) – New Hampshire Department of Education
- [Northeast Telehealth Resource Center](#), Funded by US Health Resources and Services Administration (HRSA) to support quality telehealth expansion
- [DH Telehealth Services](#) – Dartmouth Health
- [Extending health care access via telemedicine in public libraries](#). DeGuzman, P. B., Garth, J. L., Sanjay, K., & Compton, R. M. (2023). *Journal of the American Association of Nurse Practitioners*, 35(3), 208–215. <https://doi.org/10.1097/JXX.0000000000000819>

#### Session 6 – Onsite health-related services

- [Network of the National Library of Medicine](#), funding opportunities for library health program through the National Library of Medicine
- [Upper Valley Nurse Connection Project](#) – Community nurse connections
- [Book and Reading Library Program for People with Alzheimer’s](#) – Tales and Travel Memory Program
- Partners for library-based health programs in NH and VT have included:
  - Visiting Nurse Associations (VNAs)
    - [NH VNA](#)
    - [VT VNA](#)
  - [NH Public Health Networks](#)
  - [Community Health Nurses](#)
  - Local hospitals and health centers
  - [NH Harm Reduction Coalition](#), Naloxone and other substance-related trainings

- [UNH Community First Responder](#) program, Naloxone and other substance-related trainings
- [The Doorway](#), Free naloxone supplies
- [Alzheimer's Association](#), programs for care-givers and affected people
- [Dartmouth Aging Resource Center](#), diverse programming for older adults
- [NAMI New Hampshire \(National Alliance on Mental Illness\)](#)
- [Future in Sight](#), vision impairment resources
- [Tick Free NH](#), educational materials and tick removers for distribution
- [Vital Communities](#), an Upper Valley community collaboration
- [AARP](#)- diverse topics including financial related resources
- [NH Federal Credit Union](#)- financial related resources
- [Network of the National Library of Medicine](#) - potential funding resource for library health programs