

Jan 20 - 26

WEEK 3

Monday, January 20, 2025

LUNCH & DINNER MENU

One price  
for all.

	Turkey Spinach & Farro Soup	\$1.75
	Tomato Blue Cheese Bisque (Gluten-Free)	\$1.75
	Beef & Rice Stuffed Pepper	\$3.50
	Roast Pork & Apple Pork Glaze - Local, grass fed and antibiotic free pork. Gluten-Free	\$4.00
	Roasted Sweet Potatoes	\$1.25
	Whipped Squash	\$1.00
	Peas	\$1.00
	Braised Red Cabbage	\$1.00
Lunch Wok Special	Miso Ginger Grilled Marinated Salmon	\$5.50
Lunch Wok Special	Miso Ginger Grilled Marinated Tofu	\$3.00

Tuesday, January 21, 2025

	Split Pea Soup (Gluten-Free)	\$1.75
	Tofu Hot and Sour Soup (Gluten-Free)	\$1.75
	Pot Roast and Gravy	\$4.00
	Macaroni & Cheese - per scoop	\$2.00
	Fresh Whipped Potatoes	\$1.25
	Side Order of Gravy	\$1.25
	Cauliflower Gobi Aloo	\$1.00
	Roasted Local Butternut Squash	\$1.00
	Fresh Spinach	\$1.00
Lunch Wok Special	Chicken and Sausage Gumbo	\$5.00
Lunch Grille Special	Pulled BBQ Chicken Sandwich with Cole Slaw	\$3.75

Wednesday, January 22, 2025

	Cheese & Potato Leek Chowder	\$1.75
	Pasta Bar - (choice of 1 c. pasta & 4 oz. sauce)	\$3.25
New Homemade Antibiotic-Free Chicken Parmesan	Chicken Parmesan with Shells & Sauce	\$5.00
	Chicken Parmesan & Sauce - no shells	\$4.00
	Organic Tofu Parmesan	\$3.00
	Tofu Parmesan, Shells and Sauce	\$5.00
	Fresh Local Fish of the Day	\$5.50
	Side of Pasta & Sauce - 1/2 c. pasta and 2 oz. sauce	\$2.00
	Side of Pasta Only or Sauce Only	\$1.25
	Meatball - 1 each	\$0.85
	Roasted Spaghetti Squash	\$1.00
	Roasted Vegetables	\$1.00
	Roasted Pesto Soy Mushrooms	\$1.00
Lunch Wok Special	Grilled Chicken Wings & Homemade Potato Salad	\$5.25
	Garlic Knot	\$0.75
Lunch Grille Special	Meatball Parmesan Sandwich	\$4.50

Thursday, January 23, 2025

	Black Bean & Chorizo Sausage Soup (Gluten-Free)	\$1.75
	Cream of Spinach Soup	\$1.75
	Turkey, Stuffing, Gravy and Cranberry	\$4.50
	Homemade Seafood Lasagna	\$4.00
	Teriyaki Organic Tofu	\$3.00
	Fresh Whipped Potatoes	\$1.25
	Broccoli Cuts	\$1.00
	Carrots	\$1.00
	Whole Green Beans & Almonds	\$1.00
Lunch Grille Special	Cod Fish Sandwich	\$5.50

Friday, January 24, 2025

	Corned Beef Hash (breakfast special only)	\$2.00
	Beef Mushroom Barley Soup	\$1.75
"Dock to Table" Fresh Fish	Seafood Bisque	\$1.75
	Chicken Green Chili Burrito	\$4.00
"Dock to Table" Fresh Fish	Fresh Local Cracker Crumb Cod	\$5.50
Sorry, there are likely to be last minute changes to the menu during this COVID-19 crisis.	Red Beans & Rice	\$1.25
	Hearty Grains and Mushrooms	\$1.25
	Fresh Spinach	\$1.00
	Carrots	\$1.00
	Fresh Zucchini and Onions	\$1.00
Lunch Grille Special	Vegan Tan Tan Noodles	\$2.50

Dining Room Hours

Weekdays: 6:30a-7:00p

Weekends: 7:00a-2:00p

Send comments to [Food.Nutrition.Comments@hitchcock.org](mailto:Food.Nutrition.Comments@hitchcock.org)

[Check out our web site on one.hitchcock.org](http://one.hitchcock.org)

(go to "Departments" and then click "Food and Nutrition Services.")

For our weekly posted menus,

[Visit to go.d-h.org/diningroom](http://go.d-h.org/diningroom) [\[go.d-h.org\]](http://go.d-h.org)

Menu is subject to change.

**PATIENTS:** For your Daily Request to be Delivered at the normal Lunch or Dinner times.

PLEASE Place Your Lunch Request By 11:00 AM and Your Dinner Request By 4:00 PM TIME - Mon thru Fri

PLEASE Place Your Lunch Request By 11:00 AM and Your Dinner Request By 2:00 PM TIME - Sat & Sun

