

Cancer Survivorship Point of Care Resource List

Provider Focused Resources

Comprehensive Clinical Practice Guidelines/ Sites/ Resources

1. MD Anderson Survivorship Algorithms (ie surveillance and follow up recommendations) for each type of cancer: [Cancer Survivorship - Clinical Practice Algorithms | MD Anderson Cancer Center](#)
2. Palliative Care quick reference for patient care: "Fast Facts": www.mypcnow.org/fast-facts
3. NIH / National Cancer Institute comprehensive guidelines, toolkit and videos: [National Standards for Cancer Survivorship Care | Division of Cancer Control and Population Sciences \(DCCPS\)](#)
4. Dana Farber Survivorship Provider Resources: [Site Search | Dana-Farber Cancer Institute](#)
5. National Comprehensive Cancer Network Guidelines: need to sign into a free account for full access. Guidelines for all Cancer care. www.nccn.org

Additional Education

1. American Society of Clinical Oncology: <http://university.asco.org/>
2. MD Anderson Video Series: [Cancer Survivorship Professional Education | MD Anderson Cancer Center](#)
3. [Cancer Survivorship E-Learning Series](#)

Patient Focused Resources

Treatment Guidelines

1. National Comprehensive Cancer Network patient guidelines: [Survivorship Care for Cancer-Related Late and Long-Term Effects - Guidelines for Patients Details](#)
2. National Comprehensive Cancer Network patient guidelines: [Survivorship Care for Healthy Living - Guidelines for Patients Details](#)
3. [National Coalition for Cancer Survivorship](#): resource link for all aspects of cancer survivorship including important sections with checklists for each stage of cancer and rehab + lots of other resources

Assistance with Lifestyle Change

1. Livestrong: Extensive set of lifestyle support and guidelines for health with sections specifically on cancers: www.livestrong.com
2. Diet, mental health, exercise and other lifestyle support and education to reduce cancer risk: [Anticancer Lifestyle Program](#)
3. Vermont Taking Action Against Cancer: [Survivorship Resource Center - VERMONTERS TAKING ACTION AGAINST CANCER | VTAAC](#): links to VT resources on various aspects of cancer survivorship for community support and lifestyle recommendations
4. Importance of Fitness Video: <http://www.mskcc.org/cancer-care/survivorship/videos-survivors>
5. Dartmouth Health Complementary Care Program: <https://cancer.dartmouth.edu/patients-families/complementary-care-program>
6. Resource for role of rehabilitation in cancer survivorship: [Cancer Rehabilitation - NCCS - National Coalition for Cancer Survivorship](#)

7. Maine based resources for cancer assistance: [Northern New England Clinical Oncology Society - Patient Navigation Resources](#)

Assistance with housing, food, transportation, finances

1. Community Action Partnership of New Hampshire: www.capnh.org includes links for assistance with rent, transportation, housing for all NH residents
2. Servicelink: [ServiceLink | New Hampshire Department of Health and Human Services](#) – town and county based support to link with available resources through NH Health and Human Services (NH DHHS)
3. [Family Resource Centers Family Page](#) (NH DHHS): focused on finding support for families with offices in most NH communities
4. Healthy Food for patients with cancer through Dartmouth: [Dartmouth Health / Geisel School of Medicine at Dartmouth](#): can get 2 weeks of food for those with cancer
5. Financial assistance for cancer related cost burdens for Vermont residents from the Cancer Patient Support Foundation (VT): [Our Work — Cancer Patient Support Foundation](#)
6. [Cancer Resources at Beth Wright Cancer Center - Ellsworth](#): provides compassion, support, wellness groups, advocacy and education for patients, families, and friends in the midst of a cancer diagnosis, treatment and/or remission
7. [Christine B. Foundation](#), Bangor, ME: offers nutrition assistance and education
8. [Sarah's House of Maine](#), Holden, ME: provide a compassionate “home away from home” for cancer patients and their caregivers, ensuring they have a comfortable place to stay while receiving treatment at Cancer Care facilities in the Bangor area.

Peer and Group Support

1. Imerman Angels: individualized peer support available online/ phone nationally for patients and caregivers: <https://imermanangels.org/>
2. Dempsey Center in Maine with education, resources available to all and counseling for Maine residents: <https://www.dempseycenter.org/>
3. Dartmouth Health Complementary Care Program: <https://cancer.dartmouth.edu/patients-families/complementary-care-program>
4. Dartmouth Health online support groups on various health related areas: [ConnectShareCare](#)
5. [Maine Health Cancer Support Resources: Cancer Support & Resources | MaineHealth](#)
6. The Cancer Resource Center of Western Maine: [Home](#)

Informational and Self-Help Books:

1. From Cancer Patient to Cancer Survivor: Lost in Transition (2006): free online. <http://www.nap.edu/catalog/11468.html>
2. Coping with Cancer: DBT skills to manage emotions: [Elizabeth Cohn Stuntz, LCSW–R](#)

These resources were provided during the time period of the ECHO over time may become outdated.